

The Indian **EXPRES**

only cure a person of diseases like cancer but help him develop

ence: Unleash your unconscious

et at www.wecaretoo.com.

By the time the book was over, Menon had completely recovered from paralysis, thanks to Zen Neuro Linguistic Programming (ZeNLP) — a system of healing which included meditation based on scientific analysis of a person's unconscious mental map. Menon had been introduced to NLP at a three-month training programme conducted by Dr John Kennedy of California. He improved on it by incorporating the Zen method of meditation — which is communication with the energy of the universe.

Menon says every person has a preferred mode of thinking. Around 90 per cent of our thoughts are un-



Murli Menon... ZeNLP practitioner

conscious, 38 per cent sub-conscious and 7 per cent conscious. The power of the mind can be increased by un-

leashing unconscious thoughts,

says. According to him, people use three basic methods of perceiving the world — visual, auditory and tactile (touch). He cites Brazilian football player Pele as a visual thinker, saying he could visualise the trajectory of the ball more accurately than any other player. Similarly, Russian pole-vaulter Sergei Bubka could feel the world record break every time he touched the pole.

Menon, who has started Phoenix Consultants Incorporated, provides information to pharmaceutical industry through Internet, the head office of which is base